

Welcome!

Date _____

Welcome to our office! The following information is confidential. It will be used to complete your history and understand your condition, so please be as neat and accurate as possible while completing this form. If you have questions about any portion of this form, please ask at the front desk.

First Name: _____ MI: _____ Last Name: _____

Name of Parent/Guarian: _____

DOB: ____/____/____ Age: _____ Sex: _____

Address 1: _____ Address 2 : _____

City: _____ State: _____ Zip Code : _____

Primary Phone: _____ Alternate Phone: _____

Personal Email: _____

May we email you with office news and updates: Yes No Thanks

Preferred Communication: Phone Mail/Letter Email Patient Portal Fax Decline

Emergency Contact: _____ Relationship to Patient: _____

Phone: _____ Alternate Phone: _____

Describe the reason(s) for this visit today:

Who referred you to us? _____

Who is the Primary Care Provider? _____ Date of last visit _____

Reason for last visit _____

May we update them on this current issue? Yes No _____

Have you been to another provider for this issue? Yes No _____

If yes, who? _____ How long ago? _____

May we update them on this current issue? Yes No _____

Prior treatments and outcomes: _____

Past Medical History

Major medical illnesses: _____

Major surgical illnesses-list operations and dates: _____

Previous hospital admissions with dates and diagnoses _____

Current medications, vitamins/supplements, including dosage: _____

Immunization status: up to date _____

Pregnancy and Birth History:

Location of Birth and Provider: _____

Complications during pregnancy: Yes No List: _____

Ultrasounds during pregnancy Yes No Number and reason: _____

Medications during pregnancy/ delivery: Yes No List: _____

Cigarette/Alcohol during pregnancy Yes No

Birth interventions: Yes No (Forceps, Vacuum, Caesarian) briefly explain reason for intervention: _____

Complication's during delivery Yes No _____

Birth Weight _____ Birth length _____ APGAR scores 1min _____ 5min _____

Genetic disorders/ disabilities: Yes No List: _____

Feeding problems Yes No List: _____

Developmental History

Achieving milestones and developmental abilities Yes No Hours of sleep per day _____

School: _____ present grade _____, specific problems _____

Interacts with peers Yes No Temper tantrums Yes No

Behavior issues Yes No Thumb sucking Yes No

Bed wetting Yes No Nightmares Yes No

Feeding History:

Breastfed Yes No How long? _____ Any difficulties? : _____

Formula fed Yes No How Long? _____ Type: _____

Introduced to solids at _____ months Problems created _____

Allergies or intolerances Yes No List _____

Family History: circle all that apply

Arthritis, Allergy, Asthma, Autism, Autoimmune disorders, Blood disorders, Cancer, Cardiac Disease, Diabetes, Epilepsy, Genetic disorders, Scoliosis, Stroke, Hypertension

Social History

Care providers inside or outside the home: _____

Family Composition that reside in the same household _____

Number of Siblings: _____ Exposed to second hand smoke Yes No How often? _____

Occupation of parents/guardians: _____

Review of Systems: Indicate any current or past issues that have caused concern to seek evaluation.

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> recent weight changes | <input type="checkbox"/> draining ears | <input type="checkbox"/> wheezing | <input type="checkbox"/> blood or discharge in urine |
| <input type="checkbox"/> rashes | <input type="checkbox"/> colds | <input type="checkbox"/> chronic cough | <input type="checkbox"/> pain with urination |
| <input type="checkbox"/> adenopathy | <input type="checkbox"/> sore throat | <input type="checkbox"/> TB | <input type="checkbox"/> previous infections |
| <input type="checkbox"/> lumps | <input type="checkbox"/> tonsillitis | <input type="checkbox"/> constipation | <input type="checkbox"/> fevers |
| <input type="checkbox"/> bruising | <input type="checkbox"/> mouth breathing | <input type="checkbox"/> diarrhea | <input type="checkbox"/> scoliosis |
| <input type="checkbox"/> bleeding | <input type="checkbox"/> snoring | <input type="checkbox"/> change in stool color or character | <input type="checkbox"/> joint pain or swelling |
| <input type="checkbox"/> pigmentation changes | <input type="checkbox"/> apnea | <input type="checkbox"/> vomiting | <input type="checkbox"/> weakness |
| <input type="checkbox"/> headaches | <input type="checkbox"/> oral thrush | <input type="checkbox"/> jaundice | <input type="checkbox"/> injuries |
| <input type="checkbox"/> concussions | <input type="checkbox"/> nosebleeds | <input type="checkbox"/> abdominal pain | <input type="checkbox"/> gait changes |
| <input type="checkbox"/> unusual head shape | <input type="checkbox"/> cavities | <input type="checkbox"/> colic | <input type="checkbox"/> hay fever |
| <input type="checkbox"/> strabismus (eg. lazy eye) | <input type="checkbox"/> difficulty breathing | <input type="checkbox"/> change in appetite | <input type="checkbox"/> allergic rhinitis |
| <input type="checkbox"/> conjunctivitis | <input type="checkbox"/> heart murmurs | <input type="checkbox"/> excessive gas | <input type="checkbox"/> asthma |
| <input type="checkbox"/> visual problems | <input type="checkbox"/> chest pain | <input type="checkbox"/> excessive spit up | <input type="checkbox"/> sleep issues |
| <input type="checkbox"/> hearing changes | <input type="checkbox"/> palpitations | <input type="checkbox"/> change in urinary frequency | <input type="checkbox"/> eczema |
| <input type="checkbox"/> ear infections | <input type="checkbox"/> pneumonia | | <input type="checkbox"/> drug reactions |
| | <input type="checkbox"/> bronchiolitis | | |

Office Policies

We are required to provide you with a copy of our Notice of Privacy Practices, which states how we may use and/or disclose your health information. Please sign this form to acknowledge receipt of the Notice.

_____ (Initials)

We are in network with Regence BS. All other insurances are considered out-of-network. We will bill Regence BS on your behalf, and for all other plans we will provide you with the description of services you received, and you may submit this directly to your insurance company for possible reimbursement if your plan includes out of network benefits. Please know your insurance coverage prior to your visit. All payment is expected at the time of service in the form of debit cards, master card, visa, cash and check. A \$30.00 fee will be charged for all returned checks. _____ (Initials)

In the event that you are not able to keep your scheduled appointment, please give 24 hours' notice prior to canceling. Canceling with less than 24 hours' notice or missing an appointment will result in being charged the cost of the appointment. _____ (Initials)

NOTICE OF PRIVACY PRACTICE We keep a record of the health care services we provide you. You may ask to see and copy that record. You may also ask to correct that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. You may see your records to get information about it by contacting our office at 360-352-8112. Our Notice of Privacy Practices describes in more detail how your health information may be used and disclosed and how you may access your information.

_____ (Initials)

Informed Consent

The doctor of chiropractic evaluates the patient using standard examination and testing procedures. If your history and examination indicate the need you will receive further diagnostic tests or a referral to a specialist. A chiropractic adjustment involves the application of a quick, precise force directed over a very short distance to a specific vertebra or bone. Adjustments are usually performed by hand but may also be performed by hand-guided instruments or equipment. In addition to adjustments, other treatments used by chiropractors include soft-tissue manipulation, nutritional recommendations and exercise. Please list any preferences here _____

The safety profile for chiropractic in children appears to be similar to that in adults, which makes it one of the safest methods of treatment. Most side effects are mild and self-limiting such as muscle soreness. There are some case reports of extremely rare adverse events, but no causal link is established. In fact, for any given condition, chiropractic has a better safety profile than a regularly prescribed or over the counter medication for the same problem.

I have read the previous information regarding risks of chiropractic care and my doctor has verbally explained the risks (if any) and suggested alternatives when those risks exist. I understand the purpose of care and have been given an explanation of the treatment, the frequency of care, and alternatives to this care. All of my questions have been answered to my satisfaction. I agree to this plan of care understanding any perceived risk(s) and alternatives to this care for the above minor patient. By signing I give consent for examination, tests and procedures for the above minor patient. _____ (Initials)

By signing I have read and understand the Office Policies and Informed Consent:

Print Patient Name: _____

Print Parent/Guardian Name: _____

Parent/Guardian Signature: _____ **Date:** _____